

the
Bulldog Newsletter




April 2018

Scenes from "The Little Mermaid Jr"



See more photos on page 8

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Easter 1	Easter Break NO SCHOOL 2	ACT Test for ALL Juniors 8 AM JH Track @ Exeter- Milligan meet (@ McCool) 8:45 Golf - Friend Inv. 4:00 3	JH Quiz Bowl @ Seward 8:00 TR @ Meridian meet (@ Friend) 10:00 Golf - Roy Horner Inv. - Friend 10:00 2:00 Dismissal 4	Language Fair @ UNL State FFA Convention - Lincoln 5		Electric Car @ Westpoint Prom Preview - 4:30 East Gym Prom (meal at 6:30) 7
	State FCCLA Convention - Lincoln BOE - 7:30 8		Golf @ Milford Inv. 9:30 FCA Lunch Meeting 2:00 Dismissal 10			
		TR - Friend Inv. 10:00 16	Golf @ David City Inv. 9:30 2:00 Dismissal 18	District Music Contest @ Sutton JH TR @ Wilber-Clatonia 4:15 19	District Music Contest @ Sutton 20	Electric Car @ Lincoln (UNL Tractor Test facility) 21
	Golf @ Southern 4:00 TR @ McCool Inv. 9:15 23	Music Boosters Salad Supper 6:00 7:30 7-12 Spring Concert 24	Golf @ Palmyra Inv. 8:30 FCA Lunch Meeting 2:00 Dismissal 25	FFA Banquet - 7:00 26		TR @ Pioneer Conf. Meet @ Pawnee City Electric Car @ Hastings 28
	JH TR @ Sutton - 12:00 Honors Night - 7:00 30	<div style="border: 2px dashed red; padding: 10px;"> <p>For the most current and up to date information regarding times and locations please check the Pioneer Conference calendar which can be accessed through friendbulldogs.org</p> </div>				

From the Superintendent's Desk.....

Liz Stutzman selected as new
PreK-12 Principal



On Saturday, March 24th, Friend Public School interviewed 4 candidates for the PreK-12 Principal position.

The candidates were Peyton Lewis from Ralston, Brad Feik from Aurora, Liz Stutzman from Friend, and Eric Stoddard from Kiowa, Kansas.

The candidates interviewed with 3 committees and were taken on a tour of our town.

The committees were community, staff and administration.

The Friend Public School would like to congratulate Liz Stutzman as our new PreK-12 Principal. Currently, Liz is our 3rd grade teacher and does an amazing job teaching our children. Liz is a Friend graduate and has experience in larger and smaller educational settings and many leadership positions. Liz's personal mission statement is "To support, excite and lead the people in her life." Liz has a certificate in PK-8 Principalship and will complete the 7-12 portion this summer. She also has a degree in Elementary Education and Special Education.

We are very proud and honored to have Liz lead our school and know she will make such a positive impact here.

from Mrs. Dickinson

Elementary Principal/Guidance Counselor

To The Parents of Friend Elementary Students,
March 2018

We all need to continue working hard and to FINISH STRONG!!!! This truly is the BULLDOG WAY!!! The fourth quarter began on Monday, March 12.



A BIG thank you to Mrs. Alex Clouse for her work with Friend Elementary students this year. Alex was assigned to Mrs. Abby Brandt from August-November to student teach in kindergarten. She then moved on to Mrs. Liz Stutzman where she student taught 3rd grade from December-February. Alex will complete her degree and will be the substitute teacher for Mrs. Brandt during her maternity leave. We love having Mrs. Clouse in our building and appreciate all of your work in helping our students to succeed.

On Tuesday April 10th from 6:30-7:15 p.m. in the commons area will be our Early Childhood Round-Up for future Preschool and Kindergarten students. This is a parent only evening. Important information will be shared regarding next year. Please plan on attending. Do not forget to bring Birth Certificate and Immunization documentation.

Summer School letters were sent home with students that the classroom teacher feels needs this service. If you have received a letter please consider having your child attend. It is a program designed to help students that are struggling significantly in the core subjects of reading and math. Having additional support will benefit them to maintain those required skills for a few weeks in the summer. We ALL want to help our Friend Elementary students be successful!!!

Principal's Thoughts- Spring has sprung!! We began the 4th quarter on Monday, March 12 We need to remember to take time to enjoy all the wonderful and special educational moments. As the days become longer and we want to spend more time outdoors our school responsibilities sometimes fall short. Please remember that Friend Bulldogs continue to work hard and finish strong!!!

Mark Your Calendars For These Important Upcoming Events:

April 10th-Preschool and Kindergarten Round-Up (parent's only) 6:30 in school commons area (cafeteria)

April 16th-27th NeSA testing: 3rd-6th grades.









Remember to get plenty of sleep and eat a healthy breakfast. These important attributes contribute to a student's academic and behavioral success. Please plan appointments around the testing. Students need to be at school as these tests are important! This is their final test of the year. Let us all do a great job!!





April Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL Easter Break <p style="text-align: right;">2</p>	Sausage Egg Patty Chicken Nuggets Mashed Potatoes Gravy <i>Fruit & Veggie Bar</i> <p style="text-align: right;">3</p>	 Blueberry Muffins Hamburger/ Bun Sweet Potato Fries <i>Fruit & Veggie Bar</i> 2:00 Dismissal <p style="text-align: right;">4</p>	Egg Omelet Mandarin Orange Chicken Rice <i>Fruit & Veggie Bar</i> <p style="text-align: right;">5</p>	Biscuits & Gravy Steak Calzones Marinara Sauce <i>Fruit & Veggie Bar</i> <p style="text-align: right;">6</p>
Donuts Mini Corn Dogs French Fries <i>Fruit & Veggie Bar</i> <p style="text-align: right;">9</p>	Sausage Breakfast Rounds Breaded Chicken Patty/Bun Cheesy Broccoli Jello <i>Fruit & Veggie Bar</i> <p style="text-align: right;">10</p>	 Cinnamon Rolls Soft Shell Taco Toppings Bread/Butter <i>Fruit & Veggie Bar</i> 2:00 Dismissal <p style="text-align: right;">11</p>	 Breakfast Bites Hot Dog/Bun Chili Shredded Cheese <i>Fruit & Veggie Bar</i> <p style="text-align: right;">12</p>	Cherry Strudel Fiestada Mexican Rice Churro <i>Fruit & Veggie Bar</i> <p style="text-align: right;">13</p>
Breakfast Pizza Chicken Fajitas Toppings Bread/Butter <i>Fruit & Veggie Bar</i> <p style="text-align: right;">16</p>	Pancakes K-6 Chicken Strips 7-12 Spicy Chicken Strips Mashed Potatoes Gravy <i>Fruit & Veggie Bar</i> <p style="text-align: right;">17</p>	 Sausage Egg Sliders Spaghetti Shredded Cheese Breadsticks <i>Fruit & Veggie Bar</i> 2:00 Dismissal <p style="text-align: right;">18</p>	 Egg Omelet Meaty Nachos Toppings Bread/Butter <i>Fruit & Veggie Bar</i> <p style="text-align: right;">19</p>	 Biscuits & Gravy Hamburger/ Bun Seasoned Fries <i>Fruit & Veggie Bar</i> <p style="text-align: right;">20</p>
Donuts Chicken Quesadilla Chicken Koos Koos <i>Fruit & Veggie Bar</i> <p style="text-align: right;">23</p>	Turkey Bacon Breakfast Toast Stuffed Crust Cheese Pizza <i>Fruit & Veggie Bar</i> <p style="text-align: right;">24</p>	 Egg Taco Hot Beef Sandwich Mashed Potatoes Bread/Butter <i>Fruit & Veggie Bar</i> 2:00 Dismissal <p style="text-align: right;">25</p>	 French Toast Sloppy Joes Tator Tots <i>Fruit & Veggie Bar</i> <p style="text-align: right;">26</p>	Blueberry Muffin Sub Sandwich Chips Cookie <i>Fruit & Veggie Bar</i> <p style="text-align: right;">27</p>
Breakfast Pizza Chicken Sticks French Fries <i>Fruit & Veggie Bar</i> <p style="text-align: right;">30</p>	<p>According to the policy of the Board of Education of Friend Public School, all meals must be purchased in advance. A student will be notified in writing if and when his/her account has a negative balance.</p>			



5 Apps That Should Terrify Every Parent, According To Experts

The internet can be a cesspool of danger for some teenagers, says Sedgrid Lewis, an internet safety expert who blogs under the moniker Spy Parent. Some of the apps that teens favor can expose them to predators and encourage them to engage in unsafe behaviors. According to the child safety website PureSight, one in five teenagers has received an unwanted sexual solicitation online, and 75 percent of teens share personal information online. In almost all underage sexual predator cases, teens went willingly to meet with the predator. Which apps do parents of teens most need to be aware of? Here are a few that Lewis and others have flagged:

Yubo has been called “Tinder for kids,” and is marketed to 13- to 17-year-olds as a way to make new friends. But it also allows young kids “to pretend to be adults and swipe left or right to hook up,” Lewis said. Yubo has more than 15 million users worldwide, despite vocal concerns about allowing children to use it. The police department in Lenexa, Kansas, issued a warning last summer about the app, noting that “it embodies one of the most dangerous aspects of social media: It allows teens the ability to easily meet people (strangers) outside their parent’s sphere of knowledge or control and ... matching [them] with another person geographically near them, facilitating face-to-face meetings.” The app changed its name in December from Yellow to Yubo and did some rebranding, but Lewis said the developers may have changed the name “in order to circumvent the accountability.” Yubo’s creators put in some effort to improve awareness and education on using the app safely, Wayne Denner, an online reputation specialist, wrote on his website Digital Ninja. Since rebranding in December, Yubo added technology to detect fake profile pictures; hired a child online safety consultant; required that users have a mobile number to register, which is recorded and verified; and added an abuse reporting feature to inform the company of inappropriate activity. But Denner noted there is still no age verification when you create an account. That means that the door is still open for adult sexual predators who lie about their age and create fake profiles to lure children. Fake profiles on all social media platforms remain a huge problem.

Sarahah is an “honesty” app that allows users to send anonymous direct messages to their friends through other apps such as Snapchat. It was designed to provide positive encouragement in the workplace, but turned into what Lewis called “the No. 1 cyberbullying app.” The app was so controversial that it was removed from Apple and Google stores on Feb. 21 because of complaints. A Change.org petition that called for the app’s removal was organized by the mother of a girl who was encouraged to take her own life by a Sarahah user; it garnered 470,000 signatures. But the fact that Sarahah was booted off app stores doesn’t mean that it was taken off anyone’s phone. It just means that people can no longer buy it, which should significantly limit its future spread. Sarahah was at one point the most popular free download in multiple Apple and Google Play markets around the world, beating out even Facebook, Snapchat, and Netflix. It was introduced in late 2016 by Saudi Arabian developer Zain al-Abidin Tawfiq as a website intended for employees to give anonymous, honest feedback to their employers. After some success in Arabic-speaking countries, Tawfiq rolled out an English version that caught on rapidly with teens worldwide — and may still be on their phones.

Reddit apps that easily enable kids to access inappropriate material should be monitored by parents, said Lewis. Anyone with the official Reddit app can go to the popular subreddit “Reddit Gone Wild” and find a ton of NSFW images and even straight-up porn. Users — including underage ones — must click a button saying they’re 18 years old in order to access it, but there’s no verification. And Reddit rules don’t prohibit nude selfies from appearing, as long as they are voluntarily posted by the selfie-taker.

In addition to labeling the app as for ages 18 and up, there are warnings on the Apple Store download page that mention sexual content, nudity and “frequent/intense mature/suggestive themes.” It’s hard to tell if that stops anyone or just makes it that much more tantalizing to lie about your age to use the app. Lewis said there is nothing to stop a minor from clicking that button saying they are 18 — except maybe a parent.

Vora is a fasting app that teens with eating disorders are using and abusing. The app blew up at the end of 2017, when “water fasting” — a diet in which followers consume nothing but water, against medical advice —

became a fad. Vice reports water fasters logged their fasts using Vora, sharing their results on Instagram. While intermittent fasting may have some health benefits, those living with an eating disorder are using the app to celebrate and promote anorexia, said Lewis. They created a community within the app, sharing usernames on “pro-ana” forums to motivate and encourage each other to fast for longer. Vora isn’t the only health and fitness app being abused. On pro-ana forums, people with eating disorders regularly swap information about their favorite apps, including MyFitnessPal, Eating Thin, Toilet Tracker, CalorieKing, Plant Nanny, Chronometer, and Carrot Fit (an app that encourages weight loss by hurling abuse at users and electrocuting an obese avatar when diet goals aren’t met).

Omegle is a livestreaming video and chat app that exists solely so that strangers can talk to one another. Yes, strangers. It also has a website that can be accessed on a mobile device and is a platform that parents should have on their radar, said Denner. It’s been around since 2008, and remains “not so well-known amongst adults,” he said, but is popular with teens and preteens.

Here’s the app’s description on the Omegle website: “Omegle (oh-meg-ull) is a great way to meet new friends. When you use Omegle, we pick someone else at random and let you talk one-on-one. To help you stay safe, chats are anonymous unless you tell someone who you are (not suggested!), and you can stop a chat at any time. Predators have been known to use Omegle, so please be careful.” Most parents will go on high alert over that last sentence. And should, said Denner.

PRESCHOOL & KINDERGARTEN ROUNDUP



Tuesday, April 10

6:30 - 7:15

Commons Area

This is for parents only

NO STUDENTS



This is for prospective preschool and Kindergarten students and important information will be shared regarding the 2018-19 school year. Please bring with you a certified copy (not the hospital issued) of your child’s birth certificate and current immunization record.

This will help with the registration process.

Pioneer All-Conference Basketball 2018



Raeleigh Menke
1st team

Claire Kubicek
1st team

Bridgette Baugh
Honorable Mention

Darren Segner
3rd team

Kolby Houlden
Honorable Mention

NCPA Academic All-State for Winter Sports & Activities

Girls Basketball - Raeleigh Menke, Claire Kubicek

Boys Basketball - Darren Segner, Kolby Houlden

Wrestling - Edwen Baptista

Speech - Holly Manalili, Mikayla Hausman

Lincoln Journal Star Class D1 All State Basketball

Girls:

1st team: Raeleigh Menke

Honorable Mention: Claire Kubicek

Boys:

Honorable Mention: Darren Segner



Washington DC & New York City Tour 2019

Planning has started for a student tour scheduled for late May of 2019. The tour is scheduled through EF or Education First. The 5 day tour is packed with highlights such as the U.S. Capital, White House and monuments of Washington DC before traveling to New York City to see the Statue of Liberty, Empire State Building, Central Park, as well as other noted tour stops. For many years, domestic and international tours have been organized and offered to Friend students. The last trip occurred in the summer of 2017 with Margo Houlden serving as sponsor.

Any student currently in the 7th grade or above is invited to participate in this great learning opportunity. The tour also allows parents or other adults to participate. If you wish to get more information about this wonderful opportunity, please contact Margo Houlden at margo.houlden@friendschool.org or call 402-947-2781 during the times of 1:00-1:45 p.m. or after 3:45 p.m.



BULLDOGS OF THE MONTH

March 2018

Students



Colin Riley - Senior



Cole Holman - Freshman

Staff



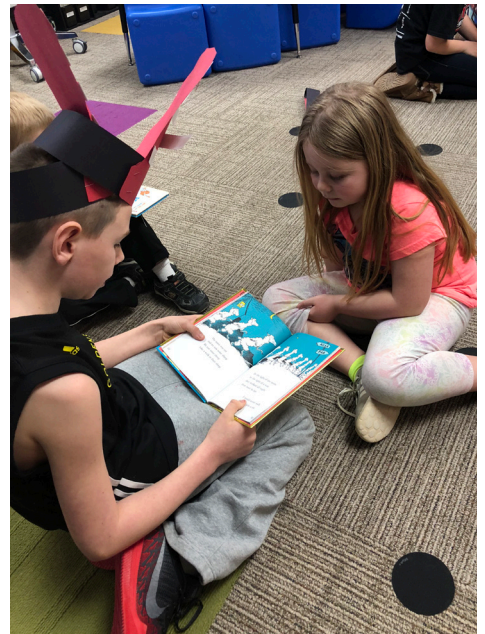
**Liz
Stutzman
3rd Grade**



On Friday, March 2nd Mrs. Svehla's 4th Grade Class and Mrs. Brandt's Kindergarten Class celebrated Read Across America Week and Dr. Seuss's Birthday. We began by making a Cat in the Hat snack using oreo's, frosting, and gummy life savers. The 4th graders assisted the Kindergartners with this task! The 4th graders then chose Dr. Seuss books to read to the Kindergartners. Everyone had a great day celebrating reading!



**HAPPY
BIRTHDAY
DR. SEUSS!**



Earth Day is April 22nd!

Did you know... that on average, schools throw away about 38 tons of paper every year, which is about 644 trees! For every ton of paper that is recycled in schools, it saves approximately 17 trees! <http://www.all-recycling-facts.com/>

Elementary Student Council members help make paper recycling run smoothly in the elementary building! Every two weeks, a student council representative (a different grade level rep is assigned each month) helps collect all the elementary classroom recycling bins, and gets them prepared for pick up by our wonderful city workers!

Elementary is doing their part in helping take care of our Earth!

Pictured is 6th grade StuCo rep, Madison Theis, helping collect recycle bins



Friend Public Schools hosted the Pioneer Jr. High Quiz Bowl Competition Monday, March 19th. Ten schools were represented with two teams from each school. The twenty teams were divided into two pools for an afternoon of pool play. Following the pool play the top eight teams were seeded in the Gold Bracket and the next eight teams competed in the Silver Bracket.

The Friend A team finished pool play with a 7 – 2 record to claim the 4th seed in the Gold Bracket.

The Friend A team members included: JB Drake, Jesse Duba, Fred Hausman and Christian Weber.

The Friend B team also competed with members: Jack Baptista, Zoey Borgman, Kiarra Fennell and Chase Svehla. Good work both teams.

Submitted by:
Paul Martin – Jr. High Quiz Bowl
Sponsor

Sophomore Class Krispy Kreme Doughnut Fundraiser

Begins Thursday,
April 5 and doughnuts
will arrive at school on
Wednesday, April 11.

Contact any sophomore
or call Mrs. Niemeier at
the school to order.

Elementary
SUMMER
SESSION

May 29 - June 1	8:30 - 11
June 4 - 7	8:30 - 11
June 11 - 14	8:30 - 11
June 18 - 21	8:30 - 11

Letters have been mailed to elementary students who are recommended for summer school. If you received a letter, please consider having your student attend. This is a program designed to help students that are struggling significantly in the core subjects of reading and math. Having this additional support will benefit them to maintain those required skills for a few weeks in the summer. Mr. Clayton Moore and Mrs. Amy Wiese will be teaching this year's session.

hello Spring



PRSR STD
ECRWSS
U.S.POSTAGE
PAID
EDDM